



Peshawar Medical College, Peshawar Dental College, and Allied Hospitals

Brief of services and subsidies

Financial Year 2018-2019



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Peshawar Medical College

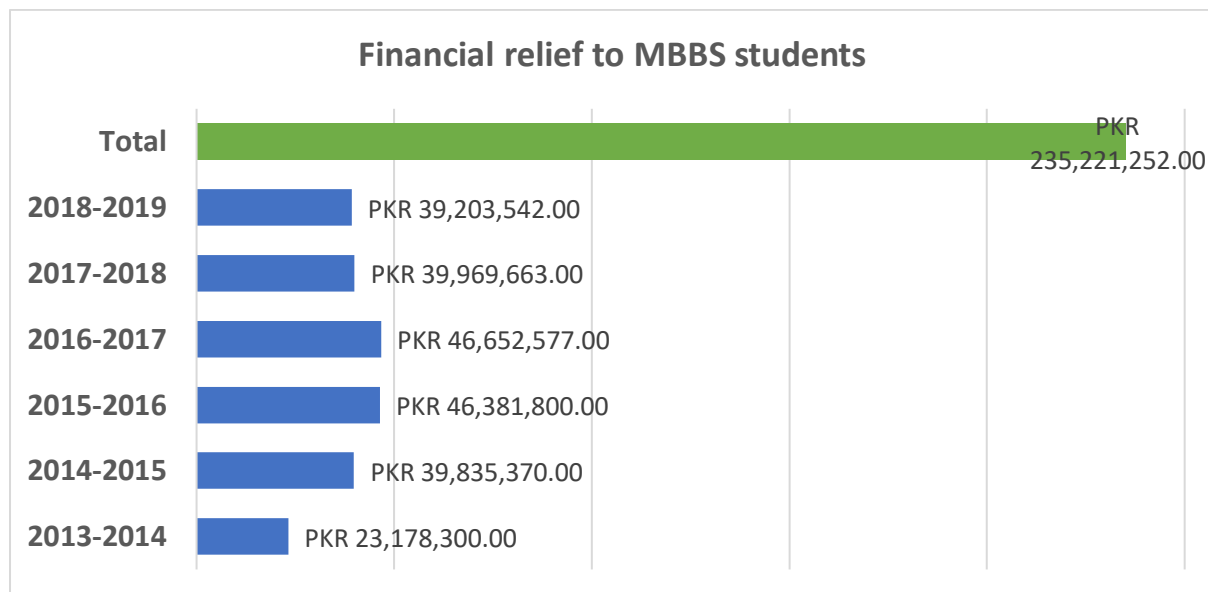
Peshawar Medical College (PMC) is the premier institution of Prime Foundation established soon after its registration in 2005. PMC is registered with Pakistan Medical and Dental Council (PM&DC). It is a leading ISO-9001:2008 certified institute for undergraduate and postgraduate medical education in the private sector of Khyber-Pakhtunkhwa. PMC is affiliated with Riphah International University, Islamabad. In a recent countrywide evaluation by the national medical education evaluating agency (formerly called PM&DC, renamed as Pakistan Medical Council) PMC ranked first among the public sector medical colleges of the province, second among the public and private health sectors of KP and ninth among the medical colleges throughout the country.



Peshawar Medical College

PMC started its first academic session in March 2006 with an annual intake of one hundred students that has been recently raised to hundred and fifty students per year. So far, around 65% graduates of all PMC batches have either joined or successfully completed their postgraduate training in Pakistan and abroad. This gives PMC the distinction of achieving highest pass percentage in entrance level postgraduate examinations among public and private medical institutes in Khyber-Pakhtunkhwa (for details, please see Table 1).

Prime Foundation has a venerable tradition of awarding educational subsidies to 20% of its total students in every academic session. During the reporting year, 20% of all PMC students benefited from discounts and scholarships worth PKR 40 million; while almost 14% of PDC students received discounts and scholarships that amount to PKR 7.6 million. Since 2013 Prime Foundation has awarded PKR 236 million in educational subsidies to its students. It is worthwhile to cite that some of the students especially orphans are not only given full tuition waiver but the college also provides them free boarding facility as well.



Financial relief awarded to PMC student in past six years and the cumulative amount of relief awards

Academic Session: No of students admitted as per PM&DC rules were 100 per session	No of students who have entered the postgraduate program or completed in Pakistan or abroad
Session 2005-2010	60
Session 2006-2011	70
Session 2007-2012	70
Session 2008-2013	64

Session 2009-2014	68
Session 2010-2015	45
Session 2011-2016	14
Total	391 (56% average)

Table 1: No of PMC graduates who entered or completed postgraduate programs

Learning Innovations of Peshawar Medical College

Undergraduate Research, integrated learning and skills lab

Right from the start PMC has involved itself in various high impact learning innovations including but not limited to inculcation of research culture, introduction of undergraduate medical research, integrated problem-based modular learning. To ensure quality assured skills transfer, a skills lab has been established and updated despite financial challenges and constraints. The same is available for training and refresher activities in maternal, neonatal and child health by OBGYN, paediatrics, public health and other relevant disciplines.

Peshawar Dental College

Peshawar Dental College (PDC) was established in 2010. The college is recognized by PM&DC and is affiliated with Riphah International University, Islamabad. The college holds ISO9001:2008 certification. Its intake is fifty students per year for a four year BDS degree program.

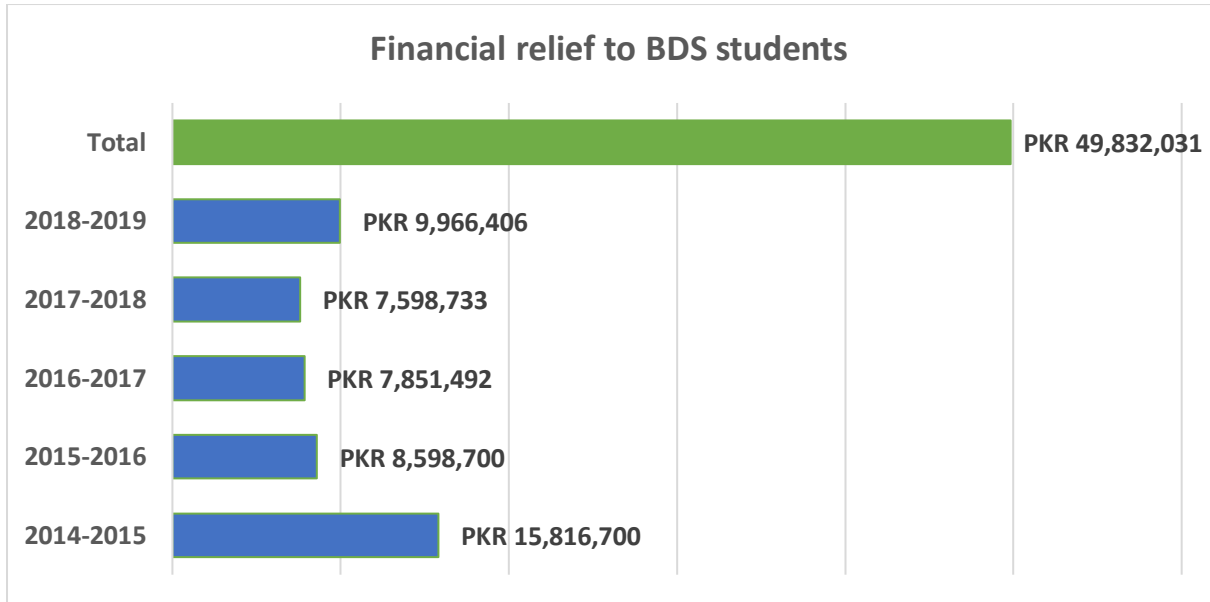
In addition to the BDS program, PDC started offering postgraduate programs in different dental sub-specialities in 2012. It is recognized by the College of Physicians & Surgeons Pakistan (CPSP) for fellowship training (FCPS-II) in Operative Dentistry, Prosthodontics, Orthodontics and Maxillofacial & Oral Surgery.



Peshawar Dental College

The college has qualified and experienced faculty and provides well equipped training environment including phantom head laboratory to deliver hands on training to the students. Students visit the Prime Foundation allied teaching hospitals for their clinical training.

PDC offers affordable quality dental care to people of the province. During the reporting year, Prime Foundation has offered PKR 7.6 million in terms of educational relief and support to deserving PDC students. Prime Foundation has offered around PKR 7.6 million in terms of educational relief and support to deserving PDC students during the reporting year. So far a total of seventeen graduates of PDC have entered postgraduate training in Pakistan or abroad.



Financial relief awarded to PDC students in past four years and the cumulative amount of relief awards

Kuwait Teaching Hospital (KTH)

Kuwait Teaching Hospital is an ISO-9001:2008 certified two hundred and fifty bed teaching hospital with various medical, surgical and diagnostic specialities. It serves as a teaching hospital for PMC and RNC students. The hospital is registered with Healthcare Commission KP and recognized by Pakistan Medical & Dental Council, and College of Physician and Surgeons of Pakistan (CPSP) as a teaching hospital. KTH together with full range specialized healthcare services offers pharmacy, diagnostic, laboratory and other facilities on twenty-four hour basis.



Patients waiting OPD consultation at Kuwait Teaching Hospital



Doctor during round at Kuwait Teaching Hospital

In addition to Angiography & Angioplasty, MRI, CT scan, diagnostic and therapeutic endoscopy, haemodialysis and the various Laparoscopic Surgical procedures etc., the following services are provided by the hospital.

Bubble CPAP Ventilator: It is a non-invasive, lifesaving facility for 0-24 months children that is rarely available in the local health sector. The market rate for the facility is PKR 6000 per day whereas the paediatric unit of KTH offers the same totally free to all the children in need.

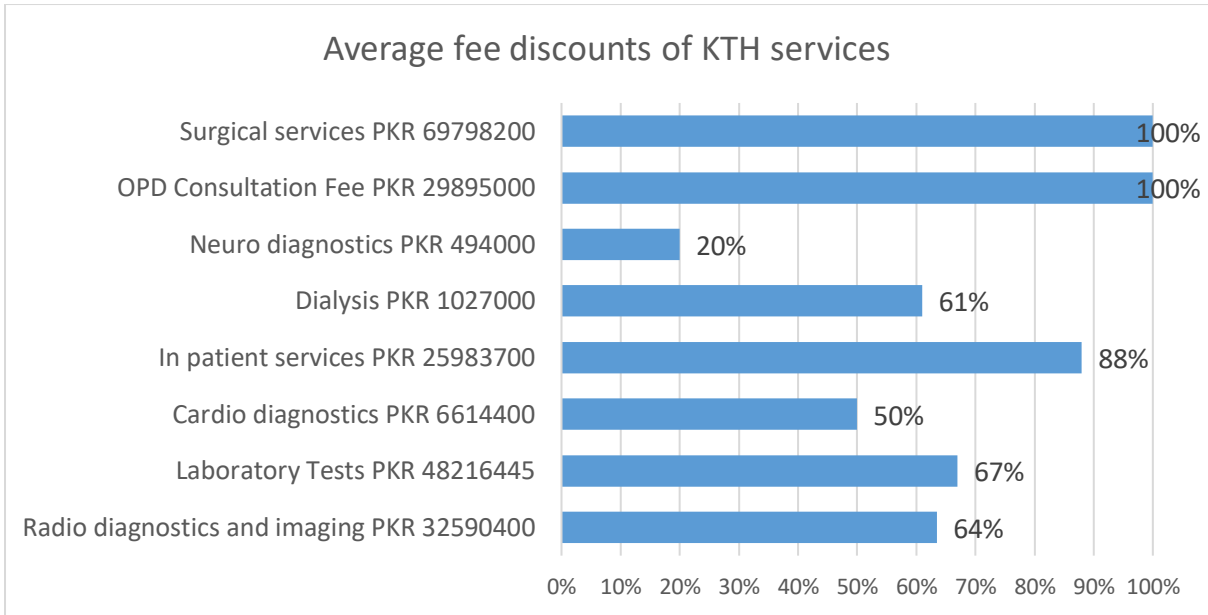
Plasmapheresis / Mega Unit Plateletpheresis: These are lifesaving procedures in some diseases like a paralytic disease called Guillain-Barre syndrome, extreme weakness of the muscles (Myasthenia Gravis) and severe transient drop of platelets count (thrombocytopenia) e.g. in Dengue fever are provided at cost basis.

TACE (Trans-arterial chemoembolization): This is a highly specialized procedure mostly used in liver cancer. It is also provided at cost basis. Public and private sector hospitals refer patients to KTH for this service, as it is virtually the only hospital offering this facility.

KTH also offers following services;

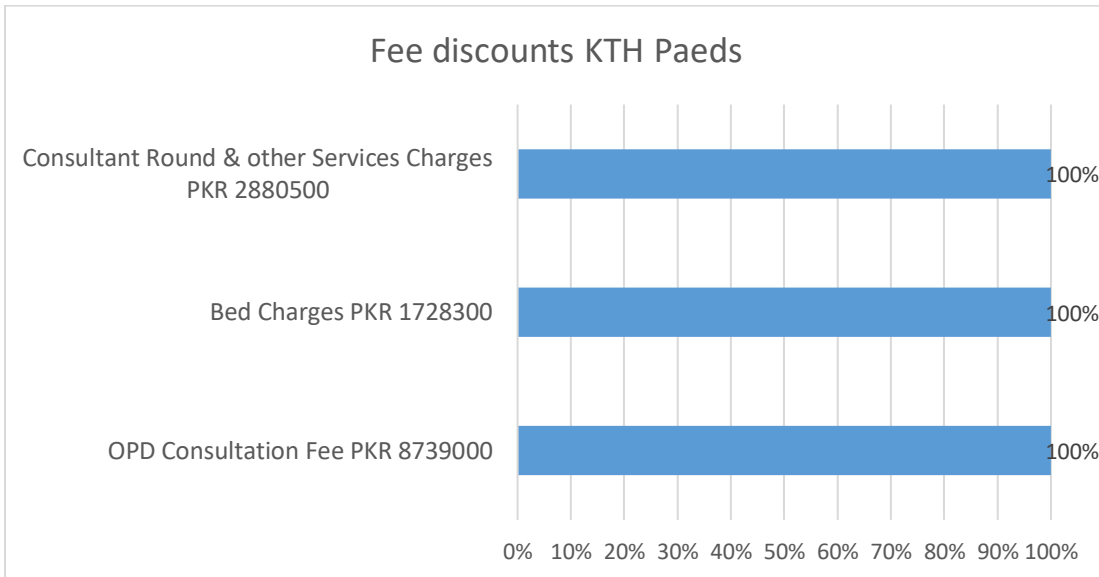
1. Medical, ICU, Hepatology, TB, Dialysis
2. Surgical, ICU, Operation Theatre, Endoscopy
3. CCU, ECG, Echo, Angiography, Angioplasty
4. Gynaecology & Obstetrics, Labour Room, Neonatal Care
5. Paediatric, Nursery, NICU
6. Ophthalmology (Eye Treatment)
7. ENT (Ear, Nose, Throat Treatment, Audiology Test)
8. Dermatology (Skin diseases including treatment of Leishmania)
9. Radiology, MRI, CT-Scan, Ultrasound, X-Ray
10. Interventional Radiology, Liver Cancer Treatment
11. Pathology (Laboratory) Available 24/7
12. Pharmacy is Available 24/7

KTH offers highly discounted rates for its services to all patients. Discounts of fees for different hospital services vary from 20% to 100% discount. During the reporting year, KTH gave discount of PKR 270 million to its patients.



TOTAL DISCOUNT: PKR 214,647,145

Average discounts on KTH services and total amount given in discounts during reporting period



TOTAL DISCOUNT: PKR 13,347,800

Mercy Teaching Hospital (MTH)

Mercy Teaching Hospital is another ISO-9001:2008 certified charity 50-bed hospital within the chain. It comprises of two hundred and fifty beds with major and minor specialities, 24/7 emergency services, delivery care, lab and pharmacy services. It also acts as teaching hospital for medical students of PMC. The hospital is registered with Healthcare Commission KP and recognized by Pakistan Medical & Dental Council, and College of Physician and Surgeons of Pakistan (CPSP) a teaching hospital.



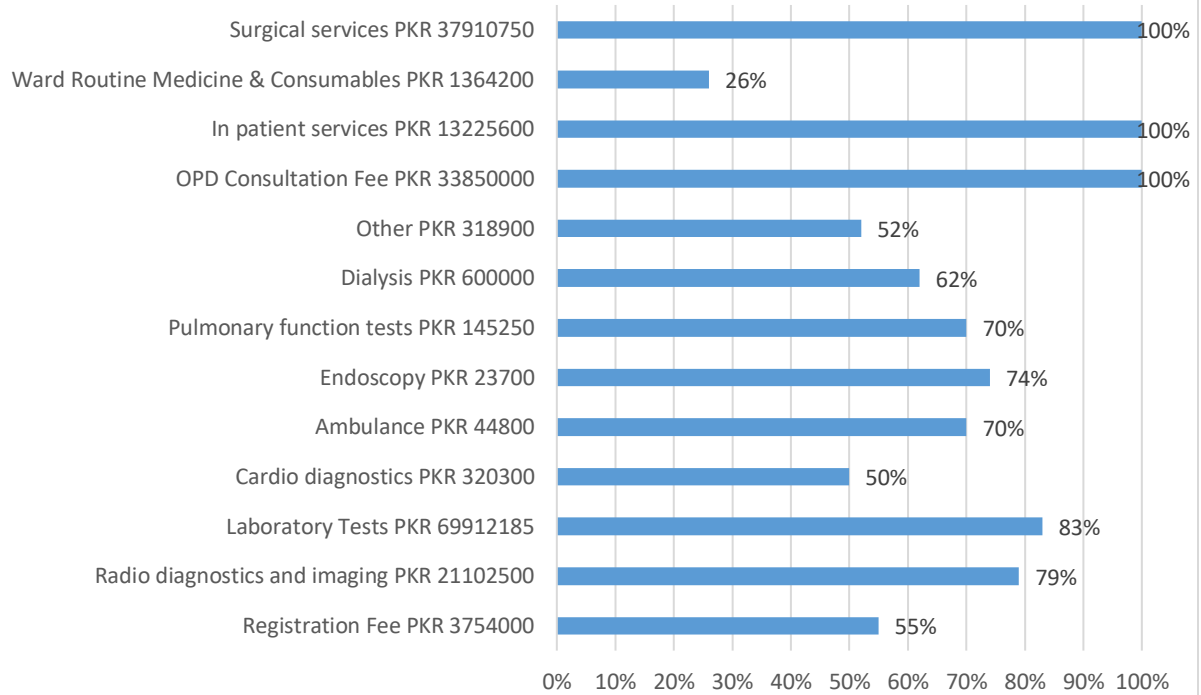
Patients waiting OPD consultation at Mercy Teaching Hospital



Students during a clinical teaching session at Mercy Teaching Hospital

MTH charges highly discounted rates for its services to all patients. During the reporting year the total discount given to patients amounts to PKR 124 million.

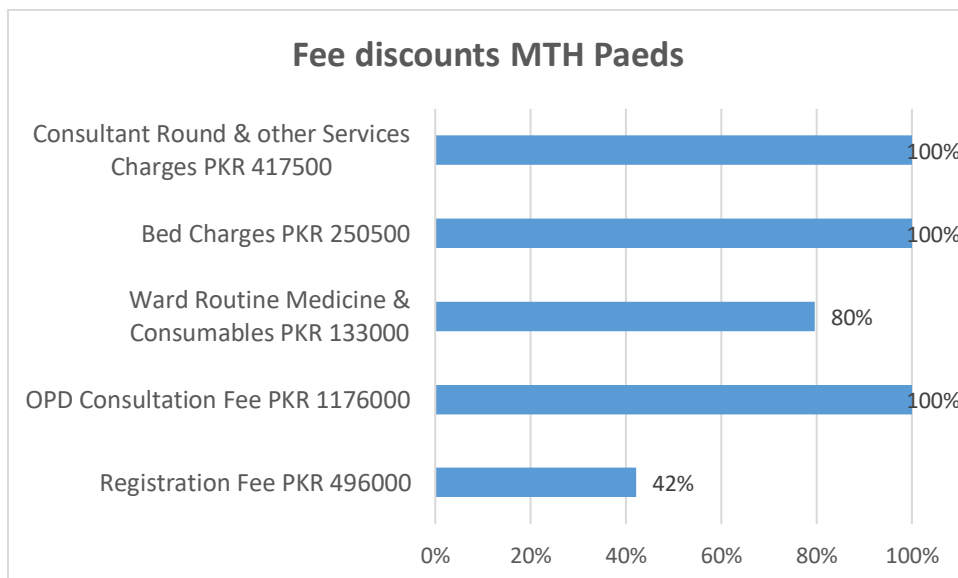
Average fee discounts of MTH services



TOTAL DISCOUNT: PKR 182,615,405

Average fee discounts at MTH and total amounts given in discounts during reporting period

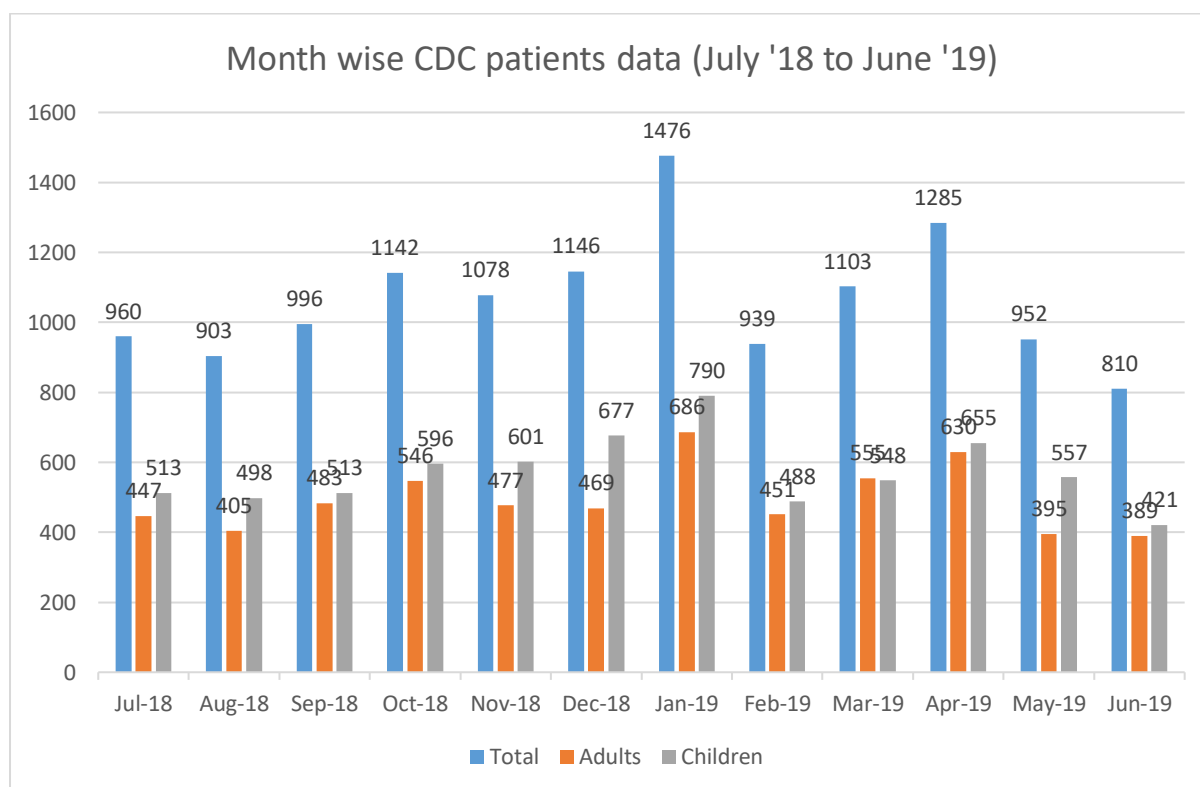
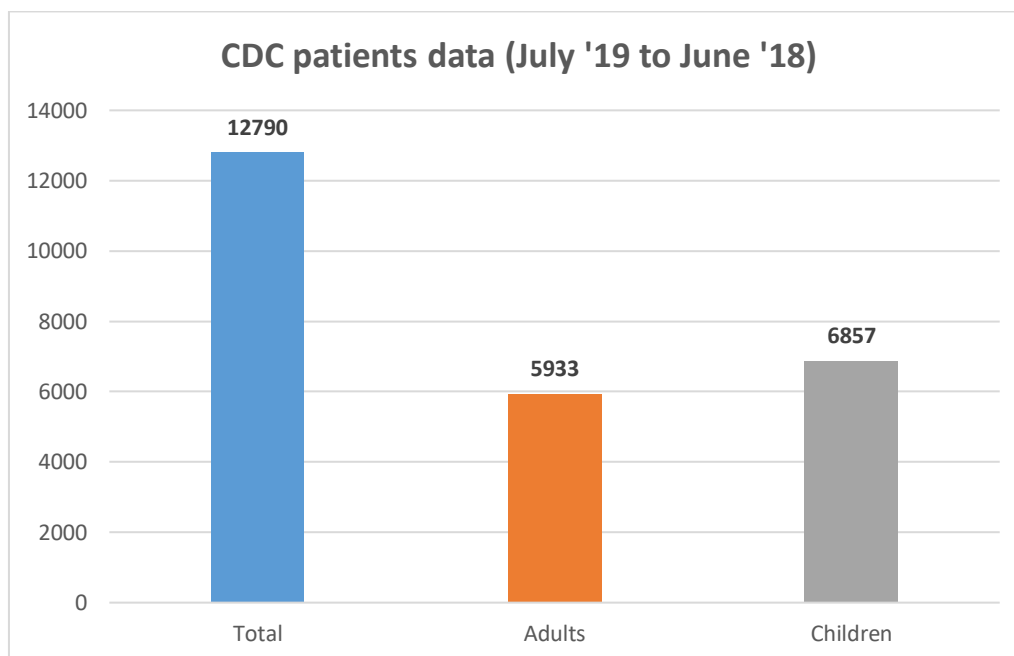
Fee discounts MTH Paeds



TOTAL DISCOUNT: PKR 2,473,000

Community Health & Development Centre (CDC), Garhi Sherdad

Prime Foundation also manages a rural health facility for the families and communities of Garhi Sherdad (suburbs of Peshawar on Warsak Road). The people are provided with essential healthcare services through a token consultation fee of PKR 50 inclusive of medicines for 3-5 days. The patient data including children for the reporting year is illustrated below.



Pilot Project on Early Childhood Development (ECD)

Human development is seen in the perspective of life cycle approach, however, early childhood (birth to eight years) is crucial for appropriate development of mainstay human faculties, i.e. physical growth, social, emotional, intellectual, gross and fine sensorimotor development. All this requires an integrated assessment, care and follow-up for timely spotting the delays or problems in developmental milestones related to any of the domains of development mentioned above.

The pilot project is located in CDC Garhi Sherdad. The project staff includes educated and trained ECD facilitator and assistant with medical support provided by the primary care physician and allied health professionals of the center. The core activities of the pilot project are:

1. Receive the children and their mothers
2. Register the target children
3. Conduct baseline development assessment of the target children
4. Identify problems in developmental domains
5. Regular follow-ups for identifying the problem children
6. Refer the children with unresolved or complicated problems to PMC allied teaching hospitals or other specialized services (a specialized resources directory of local resources has been developed for the purpose)
7. Educate the mothers about child development and related themes
8. Encourage peer to peer interaction of mothers and children both
9. Regularly conduct health and nutrition education sessions as well as nutritional cooking demonstration for enabling mothers to provide age-appropriate nutritious diet to their growing children at homes
10. Encourage the visiting children to use the toys library of the project and play area for psycho-social development
11. Recording and reporting

The project is provided technical backstopping and supportive supervision by the technical human resource of Prime Institute of Public Health (PIPH), Prime Foundation and Community Health Sciences Department of Peshawar Medical College. The pilot after successful demonstration will be further extended and scaled up, subject to availability of sponsorship and support.



Prime Institute of Public Health

Prime Institute of Public Health (PIPH) was established in 2013 with the aim of providing quality education to aspiring public health professionals. PIPH is also mandated to liaise with national and international agencies; seek and apply for development grants and implementing them in a professional manner. The institute directly manages the community services and developmental projects of Prime Foundation.



Prime Institute of Public Health

PIPH Vision

To be a regional and global leader advancing public health research, education, and practice

PIPH Mission

To contribute towards the protection, preservation, and improvement of the health of the people of Pakistan, and the world

PIPH Core Values

Honesty, integrity, and mutual respect
Culturally sensitive, ethical, and values based service

Responsiveness to people we serve
Consultative approach

Openness and accountability
Continuous learning and development

Quality across all domains
Innovative problem solving

Organic collaborations
Environment friendly and sustainable approach

PIPH offers comprehensive and latest curriculum in the field of public health and aims to enable professionals to develop public health solutions with profound regional and global impact. The institute is affiliated with Riphah International University, Islamabad and offers postgraduate programs. PIPH also offers courses and training workshops in different areas of public health.

PIPH has three constituent divisions.

Postgraduate Programs, Policy and Research

This unit is responsible for planning & development of curricula for various educational programs including their implementation, evaluation & enhancement. The unit also creates collaborative partnerships with public and private healthcare organizations for initiating policy dialogue, and facilitating public health and policy research by the institute.

Public Health Interventions and Research

This unit is responsible for conception, planning, implementation and monitoring of all public health intervention projects and grants and associated research.

Environmental Health and Research

This unit is involved in conception, planning, implementation and evaluation of research related to environmental health sciences.

The contributions of PIPH and its units in terms of education, public health policy and research as well as community service and development are included in relevant sections of the report on education research and corporate social responsibility. However, a brief account of the projects managed in various domains are listed below in thematic manner.

Project Area	Number of Projects
Primary care, MNCH and emergency relief	3
Nutrition	4
Information systems	5
Research and surveys	1
Health systems wide capacity building	3
Facility based training events	50+



Nutritional assessment of children in Orakzai tribal district



Health worker of Prime Foundation taking blood sample during a health camp at Orakzai tribal district

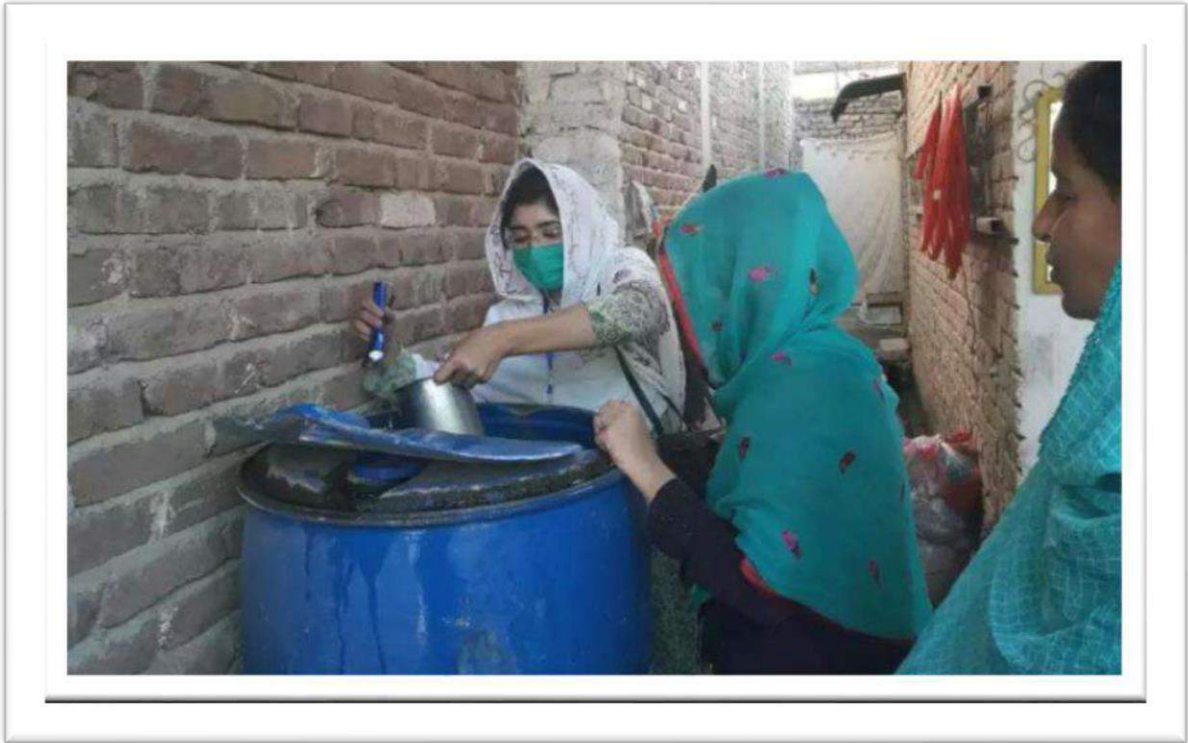


Training session of dengue field workers by Prime Foundation at Peshawar



Trainer and participants at the dengue training session





Prime Foundation team visiting home to check for dengue larvae



Female health workers of PF educating women in community on dengue control



Community mobilization and education activities in Orakzai tribal district



Health Services delivery to community of Orakzai tribal district



Commandant Orakzai Scout gifted cap to PF Project Manager as a token of appreciation for excellent health service delivery in Orakzai