



Annual Report 2024-2025

Prime Foundation

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FOREWORD

Prime Foundation, established as a not-for-profit charitable organization in 2005 and registered under Section 32 of the Companies Ordinance 1984. It aspires to achieve excellence in healthcare education and research, community services and development, and humanitarian relief and rehabilitation. With a special focus on the health sector, the Foundation operates a number of educational institutions and hospitals. Peshawar Medical College was the first institution established by the Foundation, followed by Peshawar Dental College, Rufaidah College of Nursing, Prime Institute of Public Health and Prime College of Allied Health Sciences. Additionally, Prime Foundation runs a Community Health and Development Center on a non-profit basis for the rural communities of Garhi Sherdad, Warsak Road, Peshawar.

Beyond education and training, Prime Foundation has an extensive list of completed and ongoing public health interventions and programs in collaboration with the Department of Health, UN systems, and various I/NGOs. These programs play a crucial role in raising community awareness and promoting health and social uplift. The Foundation's intervention footprint spans the entire country, with most projects concentrated in Khyber Pakhtunkhwa and the adjacent tribal districts.

Governance of the Foundation is overseen by a Board of Directors comprising dedicated medical professionals and educationists.

This annual report provides a comprehensive overview of the activities undertaken by the Foundation and its component institutions over the past year. It aims to capture the key activities, contributions, and achievements made during this period.

Prof. Dr. Saeed Anwar

Secretary, Prime Foundation

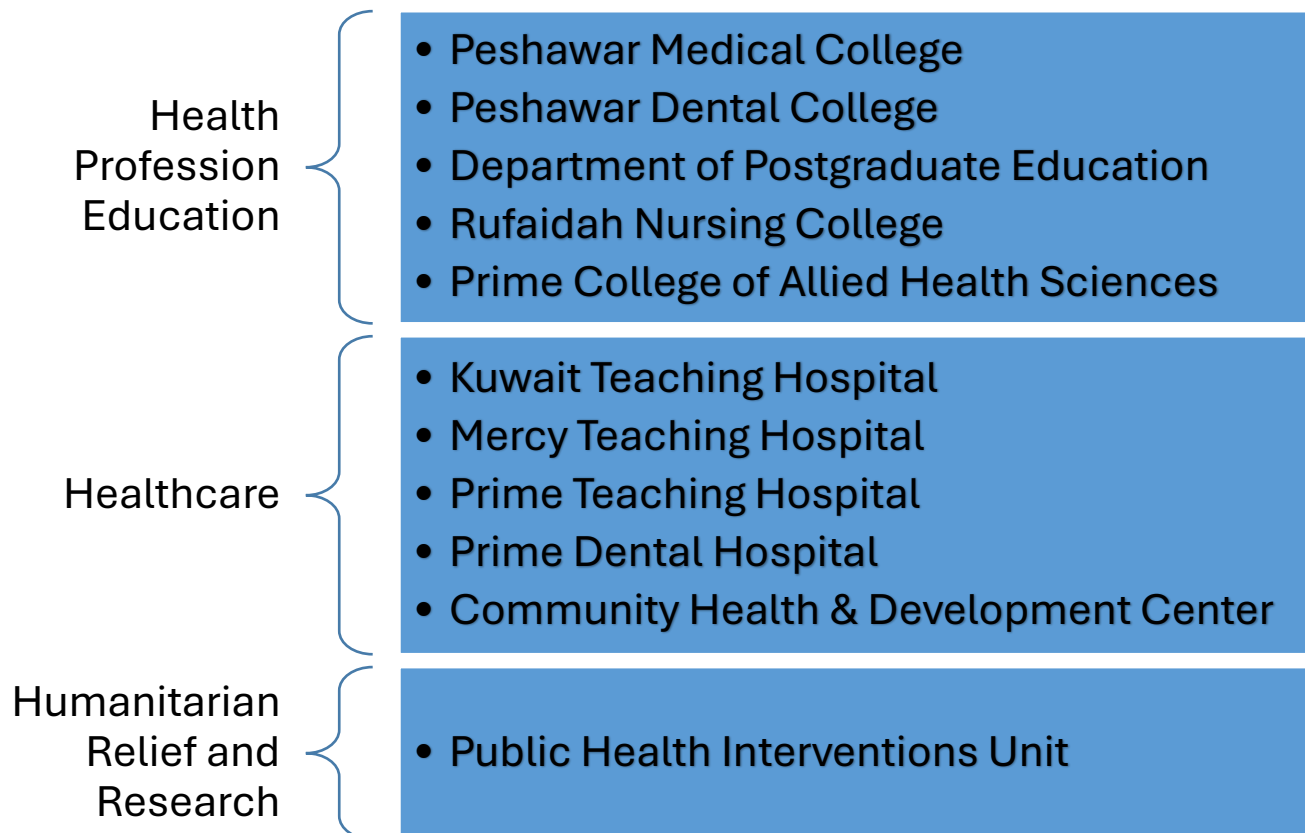


OVERVIEW OF PRIME FOUNDATION

Objectives

1. To develop and sustain institutions in the fields of health, education, and research.
2. To contribute to community services and development sustainably, with a focus on marginalized and underserved populations.

Institutions of Prime Foundation



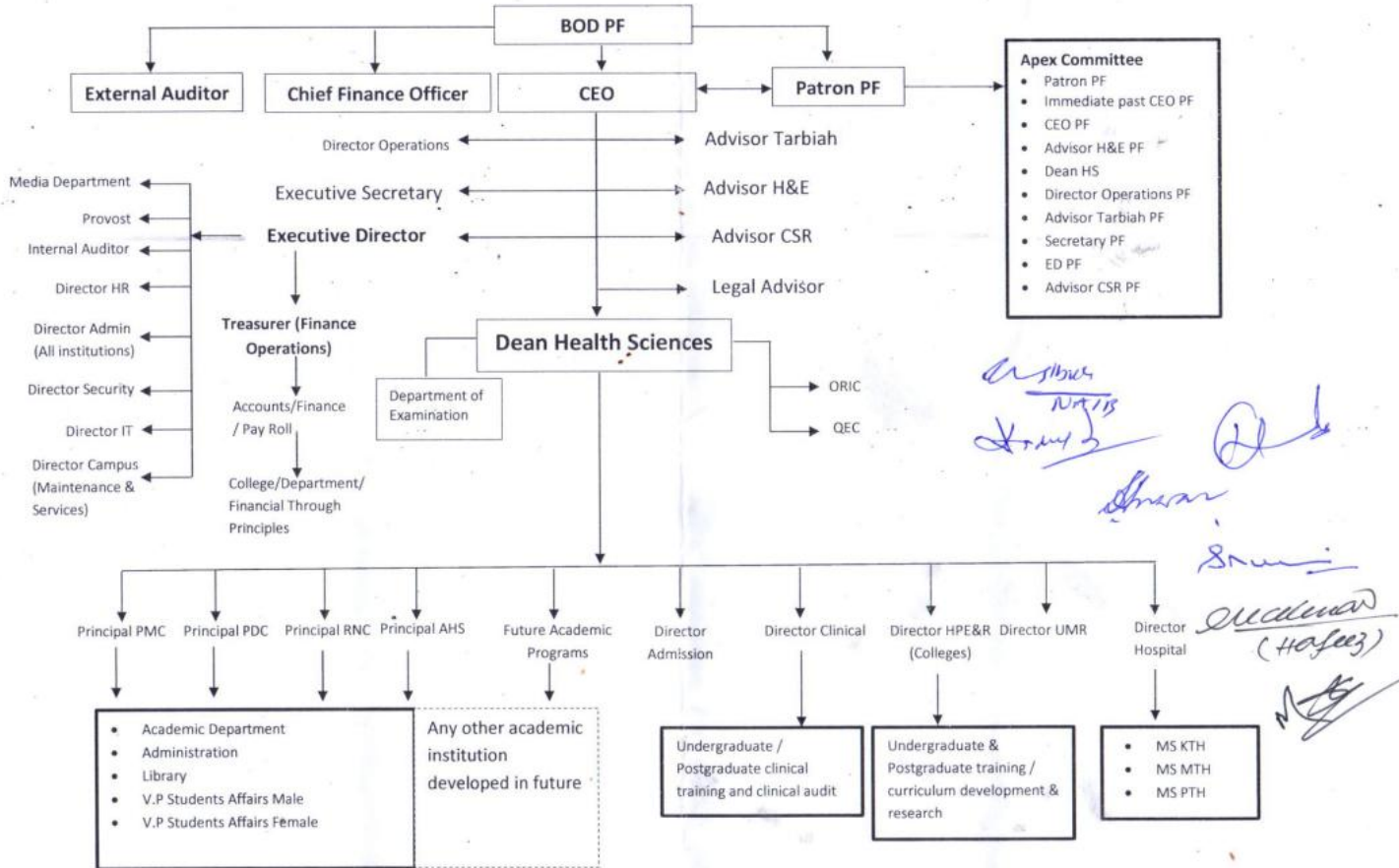


BOARD OF DIRECTORS

| Name | Position |
|--------------------------|----------|
| Mr. Syed Iftikhar Husain | Chairman |
| Mr. Zahoor Ahmad | Member |
| Mr. Muntazir Khan | Member |
| Mr. Hifz ur Rehman | Member |
| Mr. Masood Anwer | Member |
| Mr. Hayat Ali Shah | Member |
| Mr. Fazli Wahab | Member |
| Mrs. Fozia Rauf | Member |
| Mrs. Ayesha Sumera | Member |



ORGANOGRAM



Note: Some position with more than one responsibilities may carry on for the time being but shall be replaced in medium

Figure 1- Organization Organogram



GEOGRAPHICAL REACH

KP Settled Districts

- Bannu
- Buner
- Charsadda
- Dera Ismail Khan
- Dir Upper
- Hangu
- Kohat
- Lakki Marwat
- Mardan
- Nowshehra
- Peshawar
- Tank

KP Merged Districts

- Bajaur
- Orakzai
- Mohmand
- Khyber
- South Waziristan Upper
- South Waziristan Lower
- North Waziristan
- FR Dera Ismail Khan
- FR Lakki Marwat
- FR Tank



PESHAWAR MEDICAL COLLEGE

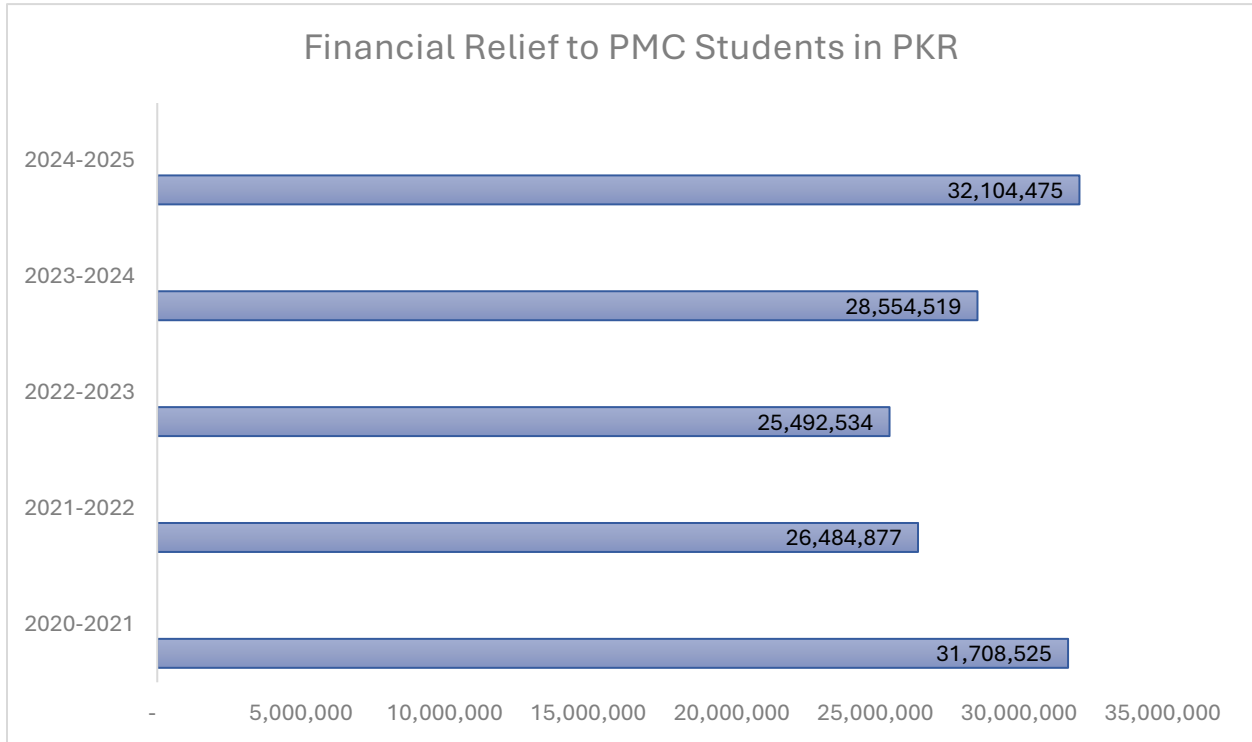


Peshawar Medical College, the first project of PRIME Foundation, is dedicated to providing quality medical education aligned with the health needs of Khyber Pakhtunkhwa and Pakistan. Recognized by the Pakistan Medical & Dental Council, the college has earned distinction among private institutions with its commitment to academic excellence and community service. Governed by a Board of Governors comprising experienced professionals and academicians, it welcomes local, overseas Pakistani, and international students, particularly from Muslim countries, without discrimination. The college strives to produce competent doctors with strong foundations in medical sciences, sound clinical judgment, and the ability to manage emergencies effectively. Graduates are trained to integrate technology in research, apply holistic approaches to patient care, and uphold ethical values in all medical practices. With a vision to foster leadership and community service, Peshawar Medical College aims to prepare doctors who embody integrity, professionalism, and social responsibility.

Prime Foundation has a venerable tradition of awarding educational subsidies to its total students (Peshawar Medical College, Peshawar Dental College, and Ruffaidah Nursing College) in each academic session. During the reporting year, 100 PMC students benefited from scholarships and



discounts amounting to PKR 32.10 million. Over the past five years, Prime Foundation has awarded PKR 144 million in educational subsidies to PMC students. Notably, some students, especially orphans, receive full tuition waivers along with free boarding facilities provided by the college.



Scholarships: 100 students

This Year (2024-2025): PKR 32.10 million

Last 5 Years: PKR 144 million

Since Inception: PKR 538.2 million



PESHAWAR DENTAL COLLEGE

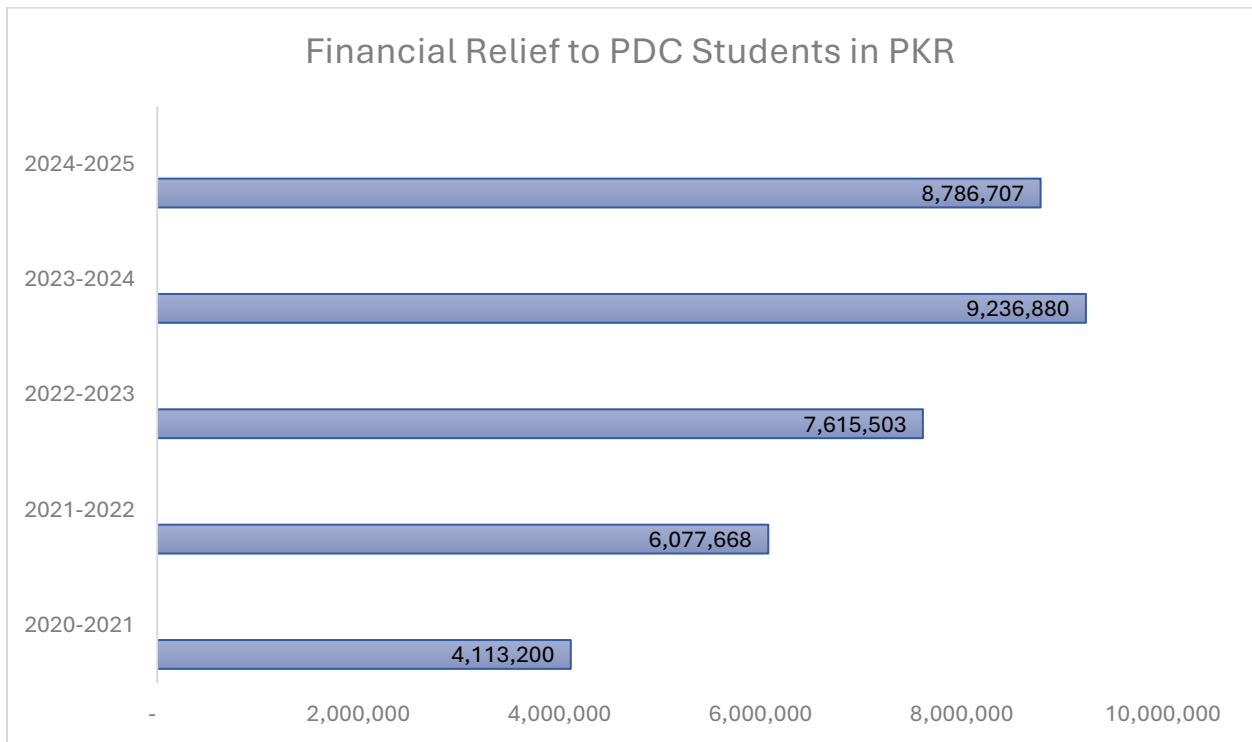


Peshawar Dental College (PDC), a project of PRIME Foundation established in 2010, is a female-only institution recognized by the Federal Ministry of Health, PM&DC, HEC, and affiliated with Riphah International University, Islamabad. With a clear vision of producing professionally competent female dentists, PDC emphasizes ethical values, community health awareness, research, and the use of modern technology to meet global challenges. Over the past 12 years, it has successfully graduated more than 450 dentists and continues to serve both students and the wider community through academic, clinical, and social initiatives. The college offers a 4-year BDS program with an integrated modular system, alongside postgraduate training under university and CPSP programs. Supported by highly qualified faculty, state-of-the-art facilities, and a dedicated teaching hospital, PDC ensures students gain practical experience in oral health, surgery, and clinical care. Beyond academics, the college promotes holistic development through seminars,



workshops, health awareness drives, free dental camps, and co-curricular activities, nurturing future dental professionals who are skilled, ethical, and socially responsible.

During the reporting year, 19 PDC students benefited from discounts and scholarships totaling PKR 8.78 million. Over the past five years, Prime Foundation has provided approximately PKR 35 million in educational relief and support to deserving PDC students.



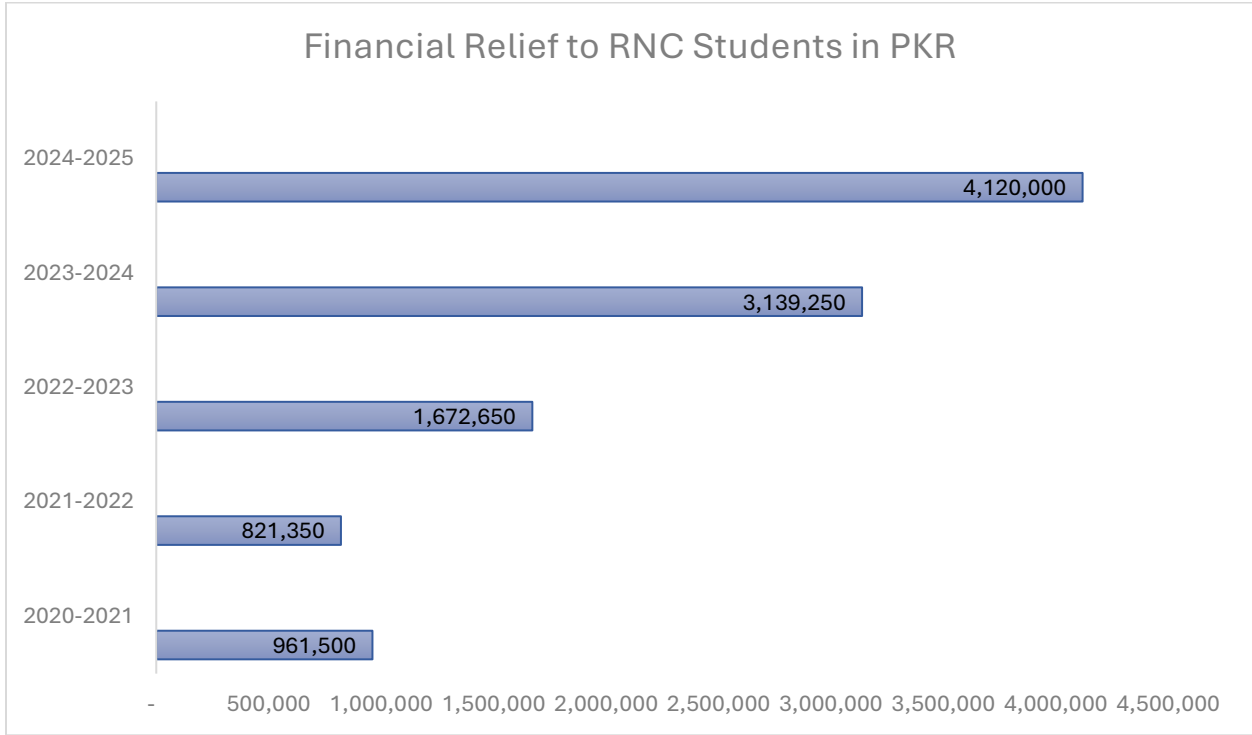
Scholarships: 19 students
This Year (2024-2025): PKR 8.78 million
Last 5 Years: PKR 35.8 million
Since Inception: PKR 113.3 million

RUFAIDAH NURSING COLLEGE



Rufaidah Nursing College, established in 2012 under the umbrella of PRIME Foundation, was founded with the mission of advancing quality nursing education guided by Islamic principles. As part of PRIME Foundation's non-commercial paradigm, the college operates on a self-sustained model aimed at ensuring accessibility by cross-subsidizing education for those who cannot afford it. The institution is dedicated to nurturing competent and compassionate nursing professionals who contribute effectively to healthcare delivery while upholding ethical and moral values. In line with the Foundation's broader vision, Rufaidah Nursing College emphasizes excellence in nursing, allied health education, and research, preparing graduates to meet the evolving healthcare needs of the community with professionalism, integrity, and service.

During the reporting year, 24 RNC students benefited from discounts and scholarships worth PKR 4.12 million. Over the past five years, Prime Foundation has provided approximately PKR 10.7 million in educational relief and support to deserving RNC students.



Scholarships: 24 students

This Year (2024-2025): PKR 4.12 million

Last 5 Years: PKR 10.7 million

Since Inception: PKR 23.5 million

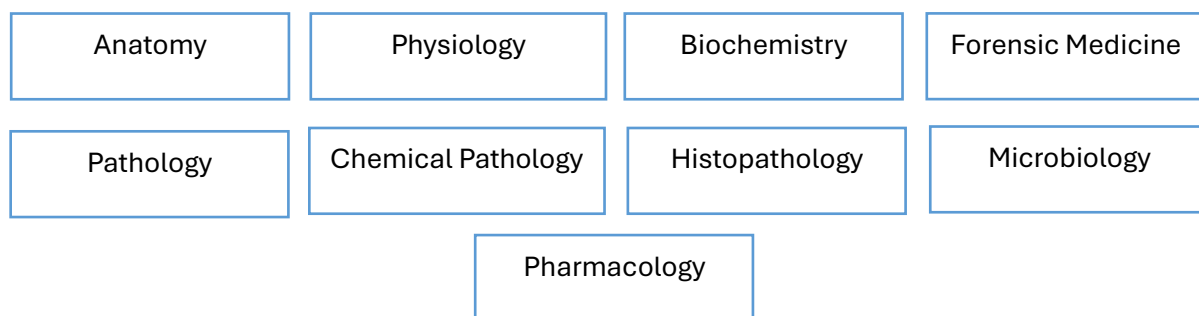


DEPARTMENT OF POSTGRADUATE HEALTH PROFESSIONAL EDUCATION (PGHPE)

The postgraduate programs in Basic Medical Sciences (BMS) at Peshawar Medical College and Basic Dental Sciences at Peshawar Dental College have been launched in accordance with PMC regulations and HEC policy guidelines to foster a multidisciplinary approach to advanced medical education. These programs, offering M.Phil and Ph.D. degrees, are designed to enhance both the depth and breadth of knowledge in the trainees' chosen fields while encouraging interdisciplinary collaboration. The curriculum integrates specialized coursework with exposure to diagnostics, medical education techniques, scientific writing, bioinformatics, e-learning, and medical ethics, ensuring a well-rounded academic and professional development. By equipping students with advanced research and professional skills, the programs aim to produce competent, innovative, and ethically grounded specialists who can contribute significantly to the progress of medical and dental sciences, ultimately strengthening the healthcare system and medical profession in Pakistan.

Discipline of Training in Medical Sciences

Peshawar Medical College offers two years of M.Phil program in the following discipline



Additional Programs (Diploma Programs)





Teaching Hospitals Recognized for FCPS-II Training

| | | | |
|--------------------------|----------------|------------------------------|---------------|
| Medicine | Psychiatry | Surgery | Neuro Surgery |
| Obstetrics & Gynaecology | Orthopedics | Pediatrics | Urology |
| Ophthalmology | Cardiology | Vitreo-Retinal Ophthalmology | Anesthesia |
| Orbit and Oculoplastic | Histopathology | ENT | Endocrinology |

MCPS Training

| | | | |
|--------------------------|-------------|---------------|------------|
| Obstetrics & Gynaecology | Paediatrics | Ophthalmology | Anesthesia |
| Diagnostic Radiology | | | |

Discipline of Training in Dental Sciences

Peshawar Dental College offers M.Phil and PhD program in the following disciplines

| M.Phil | PhD | FCPS-II Training | MCPS Training |
|--|---|---|---|
| <ul style="list-style-type: none"> •Oral Biology •Oral Pathology •Science and Dental Materials •M.Sc Community Dentistry | <ul style="list-style-type: none"> •Oral Biology •Oral Pathology •Science and Dental Materials | <ul style="list-style-type: none"> •Prosthodontics •Operative Dentistry •Orthodontics •Oral & Maxillofacial Surgery | <ul style="list-style-type: none"> •Periodontology |



DEPARTMENT OF UNDERGRADUATE MEDICAL RESEARCH

Peshawar Medical College and Peshawar Dental College are student-centered institutions dedicated to producing competent, ethical, and research-driven medical professionals. To strengthen this vision, research has been integrated into the curriculum from the very first year under the guidance of the Department of Undergraduate Medical Research (UMR), making the colleges pioneers of this initiative in Khyber Pakhtunkhwa's public and private sectors. Since the establishment of PRIME Foundation, an annual undergraduate research conference has been held, each year focusing on a theme of public health significance. These conferences encourage students from diverse institutions to present their work through oral and poster presentations, while expert speakers provide insights on pressing health issues. This platform not only enhances students' research exposure but also builds their communication and presentation skills. Over time, the annual research conference has become a hallmark academic and co-curricular activity, reflecting the institutions' strong commitment to fostering a culture of inquiry and scholarly excellence.

| | | |
|----|--|--|
| 1 | 18th UMR Conference 2025 | “United for Health: Research, Policy, and Practice” |
| 2 | 17 th UMR Conference 2024 | “Bridging Minds, Advancing Research” |
| 3 | 16 th UMR Conference 2023 | “Transcending in Research” |
| 4 | 15 th UMR Conference 2022 | “Keeping the research culture alive” |
| 5 | 14 th UMR Conference 2021 | “COVID – 19 Pandemic” |
| 6 | 13 th UMR Conference 2020 | “Promoting Research Culture” |
| 7 | 12 th UMR Conference 2019 | “The Quest for the Truth” |
| 8 | 11 th UMR Conference 2018 | “To create leaders in health sciences |
| 9 | 10 th UMR Conference 2017 | “A decade of learning & innovation” |
| 10 | 9 th UMR Conference 2016 | “Diabetes” |
| 11 | 8 th UMR Conference 2015 | “Food Safety” |
| 12 | 7 th UMR Conference 2014 | “Vector-Borne Diseases “small creatures, big threat” |
| 13 | 6 th UMR Conference 2013 | “Quality and Affordable Healthcare” |
| 14 | 5 th UMR Conference 2012 | “The Art of Prescription Writing” |
| 15 | 4 th UMR Conference 2011 | “Patient Satisfaction – Our Baseline” |
| 16 | 3 rd UMR Conference 2010 | Open non-thematic |
| 17 | 2 nd UMR Conference 2009 | Open non-thematic |
| 18 | 1 st UMR Conference 2008 | Open non-thematic |



Figure 3 - Inauguration of UMR 2025



Figure 4 - Speakers of UMR 2025



Figure 5 - Participants of UMR 2025



Figure 6 - Dean Peshawar Medical College

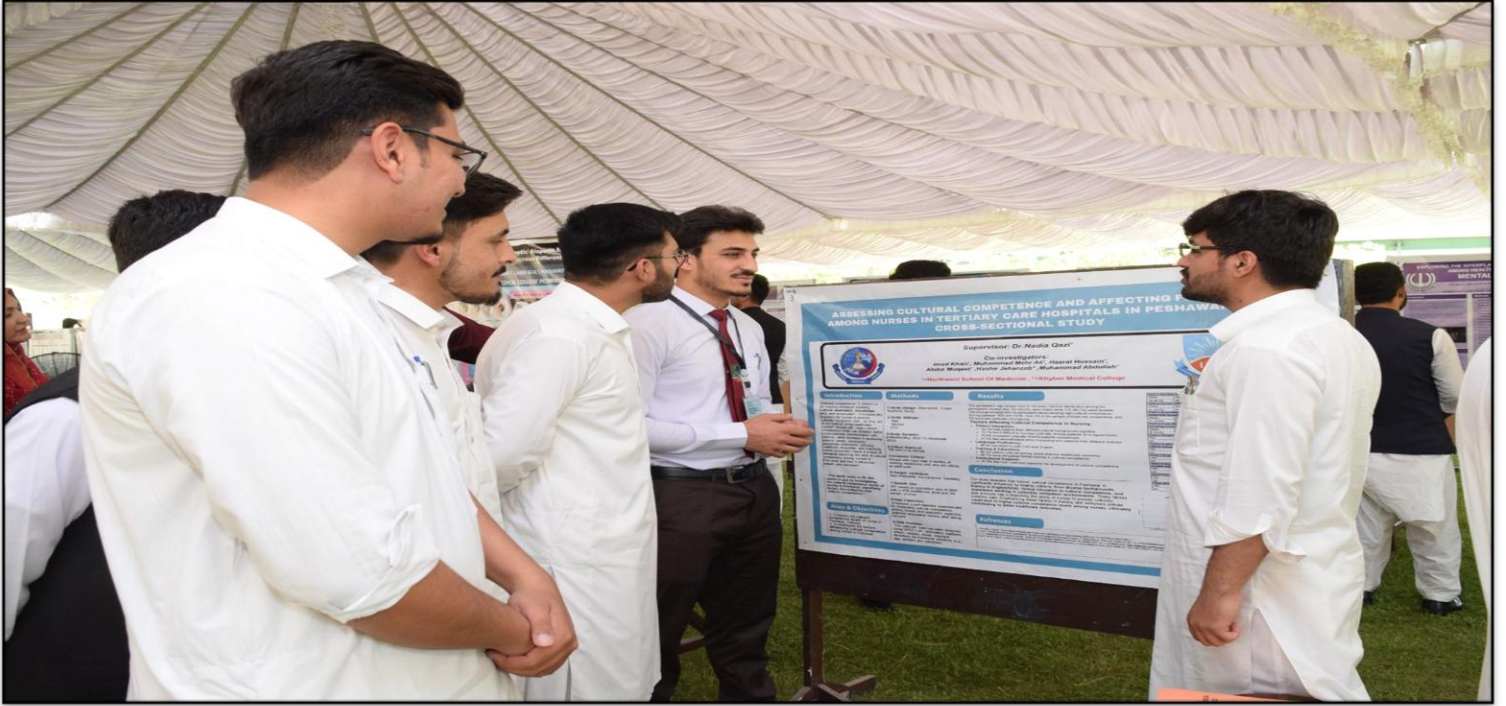


Figure 7 - Students Presenting at UMR 2025



Figure 8 - Group Photo of UMR 2025 Organizers



PRIME COLLEGE OF ALLIED HEALTH SCIENCES

In the heart of Peshawar, Pakistan, the Prime College of Allied Health Sciences (PCAHS) stands as a beacon of excellence in education, research, and community service. A proud project of the esteemed Prime Foundation (affiliated with Peshawar Medical College), PCAHS is strategically located in Garhi Sherdad, near Madrassa Zia ul Islam on Warsak Road, approximately 17 kilometres from PMC, in close proximity to Warsak Dam and the Kabul River.

Affiliated with the Faculty of Paramedics & Allied Health Sciences, Khyber Pakhtunkhwa, PCAHS is dedicated to preparing the next generation of healthcare professionals. The institute's mission is clear: to provide quality education and training in Allied Health Sciences, equipping students with the knowledge, skills, and ethical values essential for success in their healthcare professions.

Aspires to be a leading institute in the region, PCAHS envisions recognition for excellence in education, research, and community service. The goal is to produce highly skilled and compassionate healthcare professionals who will make a positive impact on the health and well-being of individuals and communities.

PCAHS offers a diverse range of 2-year diploma programs in various disciplines of Allied Health Sciences, including Health Technology, Pathology Technology, Surgical Technology, Radiology Technology, and Dental Technology. The curriculum is thoughtfully designed to meet the dynamic needs of the healthcare industry, integrating theoretical knowledge with hands-on practical training and clinical experiences. Following are the total enrolments in the diploma programs offered by PCAHS:

| Diploma Programs | Duration | Total Enrolments |
|-------------------------|-----------------|-------------------------|
| Health Technology | 2 years | 20 |
| Pathology Technology | 2 years | 10 |
| Surgical Technology | 2 years | 10 |
| Radiology Technology | 2 years | 05 |
| Dental Technology | 2 years | 05 |



At PCAHS, academic excellence takes precedence, with a focus on fostering critical thinking, research, and innovation.

The institute has a team of dedicated faculty members—experienced professionals who are passionate about teaching and mentoring students, ensuring they receive the highest quality education and guidance.

Recognizing the importance of a well-rounded educational experience, PCAHS provides ample opportunities for co-curricular activities, professional development, and community engagement. Students actively participate in outreach programs, health campaigns, and community service initiatives, honing their skills and compassion while making a positive impact on society.

PCAHS is committed to upholding the highest ethical standards, promoting values such as integrity, respect, and empathy. The institute strives to cultivate a supportive and inclusive learning environment, celebrating diversity and bringing students from various backgrounds together to learn and grow. For those aspiring to become skilled allied health professionals, PCAHS stands ready to provide the knowledge, skills, attitude, and opportunities needed to achieve their goals. The institute invites individuals to embark on a transformative educational journey, where, together, they can make a meaningful difference in the field of healthcare. Join PCAHS and be part of shaping the future of healthcare professionals in Peshawar and beyond.



Figure 9 - PCAHS



Figure 10 - Computer Lab PCAHS



Figure 3 - Classroom PCAHS

PUBLIC HEALTH INTERVENTION UNIT



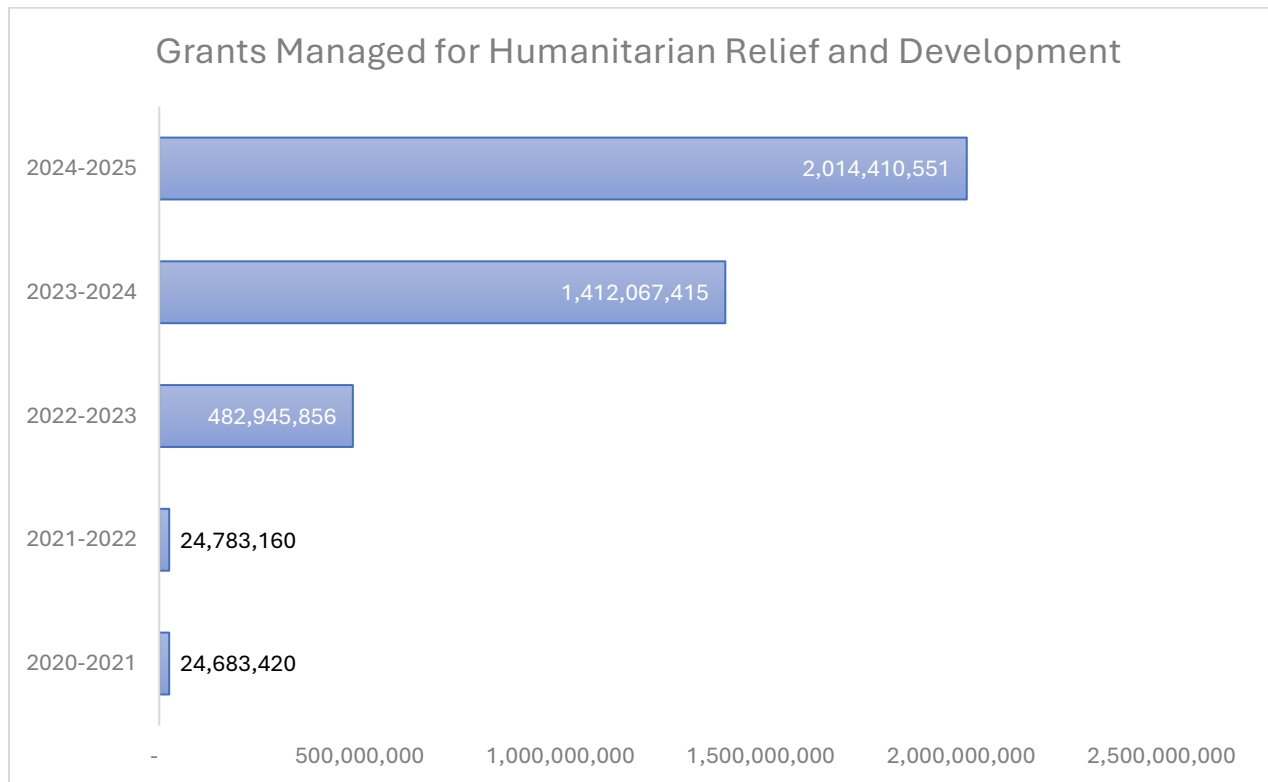
Public Health Intervention Unit

This division oversees the conception, planning, implementation, and monitoring of all public health intervention projects and grants, along with the associated research.

Prime Foundation is involved in numerous health and nutrition projects, capacity building, health information and systems development, public health interventions, surveys, and research. These projects are carried out in collaboration with various public and private sector partners and are sponsored by the UN systems and other national and international agencies. To date, the Foundation has implemented several projects benefiting the community health and uplift, especially for the conflict-affected communities of Khyber Pakhtunkhwa, including the disadvantaged southern and merged districts.



Grants Managed (PKR) – during last 5 years



Partners

| UN System Partners | International Development Partners | National Partners |
|---|---|---|
| <ul style="list-style-type: none">•WHO•UNICEF•UNHCR•UNFPA•UNOCHA•WFP | <ul style="list-style-type: none">•Gates Foundation•Integral Global Consulting, LLC•World Bank•GIZ•European Union•SickKids, Canada•Nutrition International, Canada•IDRF, Canada•Concern Worldwide•TRF (UK-AID)•IPAF, USA•IICO, Kuwait•HIKMA Health USA•Amna UK | <ul style="list-style-type: none">•Department of Health, Government of KP.•PIMA Relief•Alkhidmat Foundation•Trust for Vaccination and Immunization |

Projects implemented during reporting period

| S.No | Project Title | Donor | Value PKR | Location |
|------|---|---------------------------------|--------------|---------------------------|
| 1 | South Waziristan Health Camps | Bill & Melinda Gates Foundation | 3719 | District South Waziristan |
| 2 | Provision of Reproductive Health Services to Afghan Refugees, TDPs and Host Communities | UNFPA | 243 | District Bannu and Khyber |

Provision of Reproductive Health Services to Afghan Refugees, TDPs and Host Communities

Through the proposed intervention, Prime Foundation focusing the provision of Reproductive Health Services in selected health facilities of district Bannu and Khyber started in January 2025. PF will restore SRH service through 4 static health units and 1 mobile health unit. Services include the provision of delivery of antenatal, natal & post-natal care, diagnosis and treatment of STIs/HIV, and family planning services. Beside this, PF will also do the repair and renovation work in the existing health facilities along with tools provision.

During the reporting period, the programme reached a total of 14,904 clients. Among them, 5,676 clients availed of the Reproductive Health package, which includes antenatal, natal, postnatal care, and treatment for STIs/HIV, while 2,344 clients availed of Family Planning (FP) services. A notable number of pregnant women 2,305, attended antenatal care (ANC) visits at targeted facilities. Additionally, 938 deliveries were managed by skilled birth attendants, ensuring safe childbirth for many women. Postnatal care (PNC) was provided to 1,231 women, highlighting the project's effectiveness in promoting maternal health.

The programme also addressed STIs/HIV, treating 875 individuals. FP services reached 323 men and women, providing them with necessary supplies. Furthermore, 9,228 individuals received information and awareness about SRH and FP, reflecting the project's extensive educational outreach. To manage complicated deliveries, 4 C-sections were performed. These efforts collectively reflect Prime Foundation's dedication to improving SRH services and outcomes in the targeted areas.



Figure 4 - Community Awareness Session at RHC Zawa



Figure 5 - LHV at BHU Torkham



Figure 6 - Gynecologist at CH Jamrud



Figure 15 - Community Mobilization Session at Khyber Agency



Figure 16 - CeMONC at CH Jamrud

South Waziristan Health Camps

The focus of this project is on improving the health and immunization status of mothers & children. The project aims various high-risk union councils of South Waziristan Tribal District of Khyber Pakhtunkhwa (KP) where health practices, immunization coverage and health infrastructure are sub-optimal.

During the reporting period, PF organized 767 mobile health service camps focused on Routine Immunization and Maternal & Child Health (MNCH), reaching 401,869 individuals. Approximately 27,381 children aged 0-23 months received Routine Immunization, and 103,380

children aged 0-59 months received the Oral Polio Vaccine (OPV). A total of 87,463 childbearing women attended the health camps, including 6,115 pregnant women who received comprehensive antenatal care services. Additionally, around 53,356 childbearing women received the Td vaccine.



Figure 7 - South Waziristan Health Camp



Figure 18 - Registration Desk South Waziristan Health Camp



Figure 19 - South Waziristan Health Camp Dispenser



Figure 8 - Protecting Children from Deadly Diseases



KUWAIT TEACHING HOSPITAL



Kuwait Teaching Hospital is an ISO-9001:2008 certified two hundred and fifty bed teaching hospital with various medical, surgical and diagnostic specialties. It serves as a teaching hospital for PMC and RNC students. The hospital is registered with Healthcare Commission KP and recognized by Pakistan Medical & Dental Council, and College of Physician and Surgeons of Pakistan (CPSP) as a teaching hospital. KTH offers pharmacy, diagnostic laboratory and other facilities on twenty-four-hour basis



In addition to Angiography & Angioplasty, MRI, CT scan, diagnostic and therapeutic endoscopy, hemodialysis and the various Laparoscopic Surgical procedures etc., the following services are provided by the hospital.

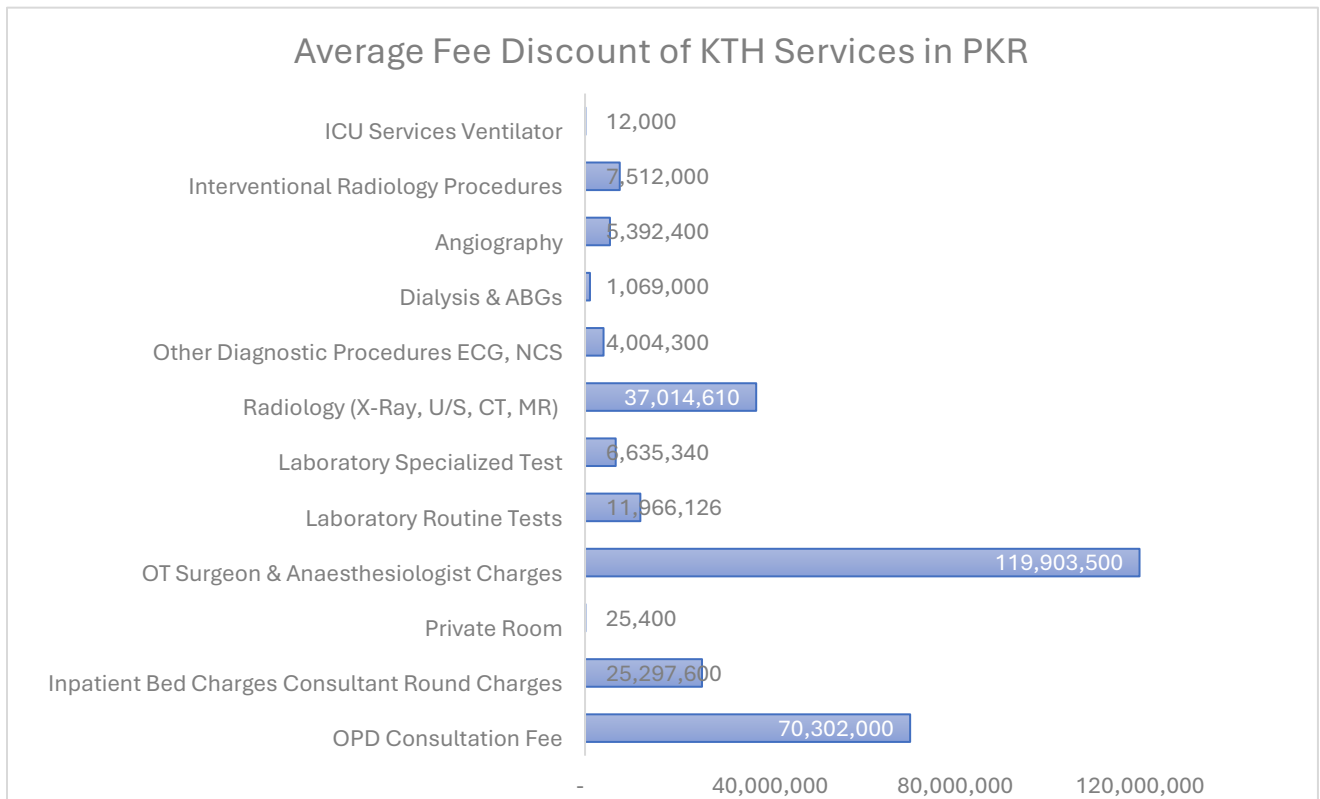
Plasmapheresis / Mega Unit Plateletpheresis: These are lifesaving procedures in some diseases like a paralytic disease called Guillain-Barre syndrome, extreme weakness of the muscles (Myasthenia Gravis) and severe transient drop of platelets count (thrombocytopenia) e.g. in Dengue fever are provided at cost basis.

TACE (Trans-arterial chemoembolization): This is a highly specialized procedure mostly used in liver cancer. It is also provided at cost basis. Public and private sector hospitals refer patients to KTH for this service, as it is virtually the only hospital offering this facility.

KTH also offers following services;

1. Medical, ICU, Hepatology, TB, Dialysis
2. Surgical, ICU, Operation Theatre, Endoscopy
3. CCU, ECG, Echo, Angiography, Angioplasty
4. Gynaecology & Obstetrics, Labour Room, Neonatal Care
5. Paediatric, Nursery, NICU
6. Ophthalmology (Eye Treatment)
7. ENT (Ear, Nose, Throat Treatment, Audiology Test)
8. Dermatology (Skin diseases including treatment of Leishmania)
9. Radiology, MRI, CT-Scan, Ultrasound, X-Ray
10. Interventional Radiology, Liver Cancer Treatment
11. Pathology (Laboratory) Available 24/7
12. Pharmacy is Available 24/7

Grossly subsidized Services: KTH offers highly discounted rates for its services to all patients. Discounts of fees for different hospital services vary from 20% to 100% discount. During the reporting year, KTH gave discount of PKR 289.13 million to its patients.



TOTAL DISCOUNT: PKR 289,134,276

Average discounts on KTH services and total amount given in discounts during reporting period

MERCY TEACHING HOSPITAL



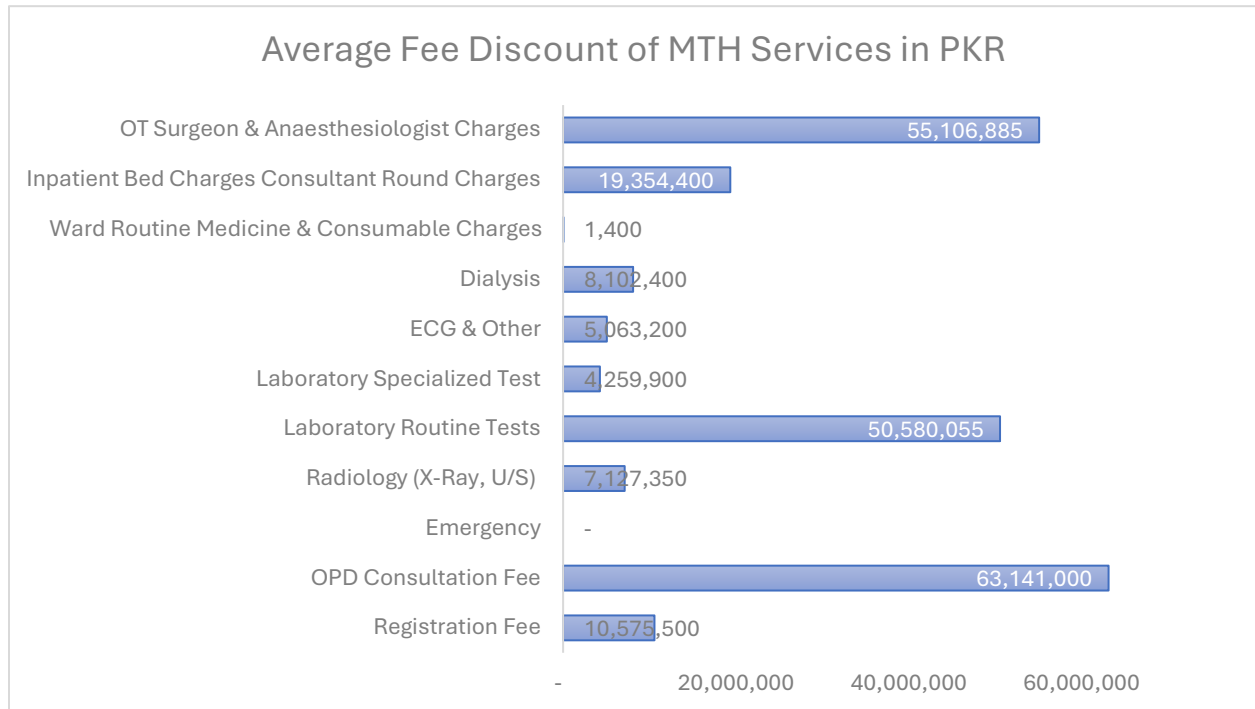
Mercy Teaching Hospital is another ISO-9001:2008 certified charity 50-bed hospital within the chain. It comprises of two hundred and fifty beds with major and minor specialties, 24/7 emergency services, delivery care, lab and pharmacy services. It also acts as a teaching hospital for medical students of PMC. The hospital is registered with Healthcare Commission KP and recognized by Pakistan Medical & Dental Council, and College of Physician and Surgeons of Pakistan (CPSP) a teaching hospital.



Services offered by MTH

Out Patient Department, Laboratory, Ultrasound Department, X-Ray, E C G, Spirometry, Labor Room, Dialysis, Mammography, Operation Theater, Pharmacy, Casualty, Accident & Emergency, ICU & Nursery ICU, Cafeteria, Mosque, Private Rooms / Side Rooms, Vaccination Center

During the reporting year the total discount given to patients amounts to PKR 223.31 million



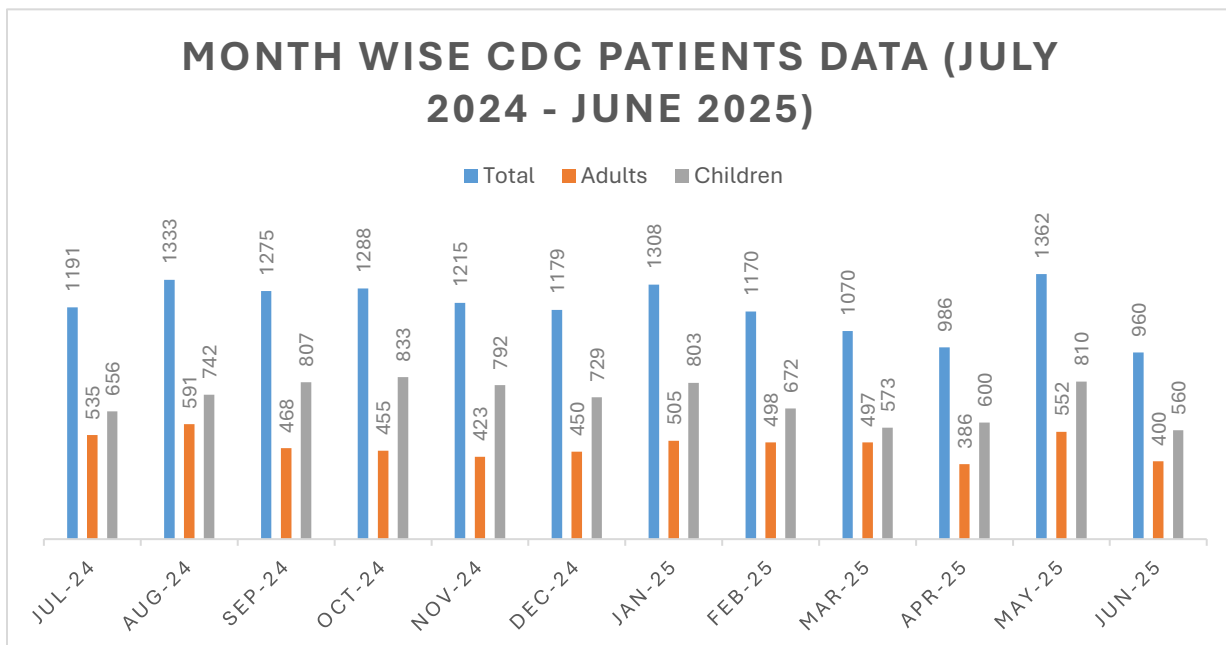
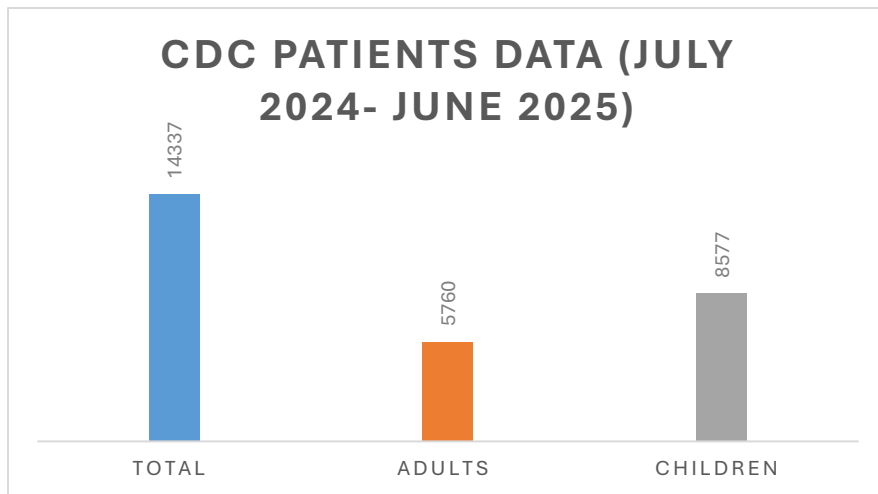
TOTAL DISCOUNT: PKR 223,312,090

Average fee discounts at MTH and total amounts given in discounts during reporting period



COMMUNITY HEALTH & DEVELOPMENT CENTRE (CDC), GARHI SHERDAD

Prime Foundation also manages a rural health facility for the families and communities of Garhi Sherdad (suburbs of Peshawar on Warsak Road). The people are provided with essential healthcare services through a token consultation fee of PKR 50 inclusive of medicines for 3-5 days. The patient data including children for the reporting year is illustrated below





Providing care for Early Childhood Development (ECD)

The primary objective of this project is to provide better nutrition to less than five years of age with training of mothers for providing balanced and nutritious diet to their children. It includes practical demonstration of preparing / cooking of food and breast feeding. This facility is provided totally free.

Human development is seen in the perspective of life cycle approach, however, early childhood (birth to eight years) is crucial for appropriate development of mainstay human faculties, i.e. physical growth, social, emotional, intellectual, gross and fine sensorimotor development. All this requires an integrated assessment, care and follow-up for timely spotting the delays or problems in developmental milestones related to any of the domains of development mentioned above.

The project is located in CDC Garhi Sherdad. The project staff includes educated and trained ECD facilitator and assistant with medical support provided by the primary care physician and allied health professionals of the centre. The core activities of the pilot project are:

1. Receive the children and their mothers
2. Register the target children
3. Conduct baseline development assessment of the target children
4. Identify problems in developmental domains
5. Regular follow-ups for identifying the problem children
6. Refer the children with unresolved or complicated problems to PMC allied teaching hospitals or other specialized services (a specialized resource directory of local resources has been developed for the purpose)
7. Educate the mothers about child development and related themes
8. Encourage peer to peer interaction of mothers and children both
9. Regularly conduct health and nutrition education sessions as well as nutritional cooking demonstration for enabling mothers to provide age-appropriate nutritious diet to their growing children at homes
10. Encourage the visiting children to use the toys library of the project and play area for psycho-social development



11. Recording and reporting

The project is provided technical backstopping and supportive supervision by the technical human resource of Prime Institute of Public Health (PIPH), Prime Foundation and Community Health Sciences Department of Peshawar Medical College. The pilot after successful demonstration will be further extended and scaled up, subject to availability of sponsorship and support.

Family Medicine Unit at Garhi Sherdad

The undergraduate program at the Peshawar Medical College supports the discipline of Family Medicine in the curriculum of PMCs Faculty of Medicine Program. This includes the outreach clinic which is based at Garhi Sherdad.

The clinic became functional in August 2021 as part of the community health services program. A year later in August 2022 the Family Medicine Department was formally realized.

The clinic has now registered over 1000 families. It caters to an average of 150 patients per month. It has become their first point of contact with the health system. Liaison is maintained with our tertiary centers like Mercy and Kuwait teaching Hospitals. A formal referral letter has been approved which is given to the patients on referral. This allows the staff at the tertiary hospitals to treat the patient on priority basis. Follow-up at the community is arranged and the patient is then looked after in Garhi Sherdad closer to home.

Teaching with clinical rotations of 3rd year medical students has also commenced at this facility. They are taught how to diagnose and manage common symptoms and common medical, surgical and psychosocial problems in patients of all ages and both sexes, with special emphasis on the child, the adolescent, the woman and the elderly.



Figure 9 - Doctor Treating Patient at CDC



Figure 10 - CDC Laboratory



Figure 23 - Patients Waiting Area CDC



Figure 24 - Dental Procedure at CDC